



Obstetrics & Gynecology
Physicians & Surgeons

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To all of our Obstetrical Patients and their Family:

As you are all aware the H1N1 virus is spreading and is here in the Portland and surrounding areas. We want you to know we are taking this very seriously. We will have the vaccine when it is made available to us. The Federal Government has indicated that pregnant patients are on the highest priority list and we have been designated as an official provider of this vaccine for our patients.

Many of the area hospitals are making visitor limitations. Remember that these are for your protection as well as your baby.

At this time the Legacy Hospital system is putting in place the following restrictions at the family birth center:

****No visitors under 18 year of age will be allowed**

****Only immediate family members or 2 support persons will be allowed to accompany the patient during her hospital stay and the delivery. The father of the baby will be allowed as one of the support persons even if he is not 18.**

These are not interchangeable.

****The rest of the family will have to wait until the baby gets home.**

****All patients and visitors with a cough or any respiratory symptoms will be asked to wear a mask.**

Currently this is the Legacy policy and we anticipate other hospital facilities will have similar guidelines.

This will start Monday October 5, 2009.

At this time there is no end date, so please anticipate and plan ahead for your delivery.

We are trying to prevent this virus from entering or exiting the hospital. We know this may not be what you wanted for your delivery; however we want to take every precaution necessary to ensure a healthy delivery for you and your baby!

One statistic the local news reported on 10/1/2009 was 100 pregnant patients have been admitted to the hospital with H1N1 and out of this number 28 have died. Remember this is nationwide. Therefore, our office wants to stress the importance of prevention to help stop the spread of the flu.

Please advise your family and friends of the above policy that local Hospitals are enforcing. And if you have any questions, please do not hesitate to ask us.

Our goal is to communicate any new updates or recommendations as soon as we get them.

Thank you for your understanding and cooperation.

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